

◆ As athlete

- 1984 Los Angeles Olympics, 11th place (100-meter backstroke)
- 1986 Asian Games (Seoul), Gold Medal
(100-meter backstroke, 400-meter medley relay)
- 1988 Seoul Olympics, Gold Medal (100-meter backstroke)

◆ As researcher, teacher

- March 1993 Masters in Coaching, Graduate School,
Faculty of Physical Education, Juntendo University
- February 2007 Ph.D. (Medicine, Juntendo Univ.)
- April 2013 Professor, Coaching Science course, Faculty of Health and
Sports Science, Juntendo Univ. (until September 30, 2015)

◆ As sports federation executive

- September 2003 Director, Olympians Association of Japan (until October 2015)
- April 2013 Chairman, Olympians Association of Japan
- June 2013 Director, Japan Olympic Committee (until Sept. 30, 2015)
- June 2013 Chairman, Japan Swimming Federation (until Sept. 30, 2015)
- July 2017 Director, International Swimming Federation